Nebraska CISM Critical Incident Stress Management

2026 ICISF CISM Training Schedule

October 23 & 24	Group Intervention	Bennington
December 4-5-6	Assisting Individuals in Crisis & Group Intervention	Zoom

COURSE DESCRIPTION – Group Intervention - 6th Edition

Designed to present the core elements of a comprehensive, systematic and multi-component crisis intervention curriculum, the Group Crisis Intervention course will prepare participants to understand a wide range of crisis intervention services. Fundamentals of Critical Incident Stress Management (CISM) will be outlined, and participants will leave with the knowledge and tools to provide several group crisis interventions, specifically demobilizations, defusings and the Critical Incident Stress Debriefing (CISD). The need for appropriate follow-up services and referrals, when necessary, will also be discussed. Class times are 8:30 am to 4:30 pm both days.

COURSE DESCRIPTION – Assisting Individuals in Crisis (formerly Peer Support)

Crisis Intervention is NOT psychotherapy; rather, it is a specialized acute emergency mental health intervention which requires specialized training. As physical first aid is to surgery, crisis intervention is to psychotherapy. Thus, crisis intervention is sometimes called "emotional first aid". This program is designed to teach participants the fundamentals of, and a specific protocol for, individual crisis intervention. This course is designed for anyone who desires to increase their knowledge of individual (one-on-one) crisis intervention techniques in the fields of Business & Industry, Crisis Intervention, Disaster Response, Education, Emergency Services, Employee Assistance, Healthcare, Homeland Security, Mental Health, Military, Spiritual Care, and Traumatic Stress. Class times are 8:30 am to 3:30 pm both days.

Course Description - Assisting Individuals in Crisis & Group Intervention

This 3-day course combines ALL of the content of ICISF's Assisting Individuals in Crisis & Group Crisis Intervention courses. Class times are 8:30 am to 4:00 pm all three days,

TARGET AUDIENCE

This accredited continuing education activity is designed for nurses, first responders (i.e., EMS, fire, law enforcement, dispatch, corrections, EMA) psychologists, and other health care professionals involved in emergency management.

EDUCATIONAL OBJECTIVES

At the conclusion of this activity, the participants should be better able to:

Discuss key concepts of crisis and stress including essential interventions to help manage psychological and behavioral reactions.

Describe how Critical Incident Stress Management (CISM) strategies can be incorporated into practice including the elements of debriefing and defusing as derived from case examples during role play.

Discuss how the team shares accountability with other professions to meet standards of practice for population focused problem-solving during difficult situations surrounding traumatic events for more cohesive and effective outcomes.

Group Intervention

14 Contact Hours: 1.4 General CEUs from University of Maryland, Baltimore County (UMBC) Dept. of Emergency Health Services Professional and Continuing Education (PACE)

NAADAC – the Association for Addiction Professionals
14 CE Credits; Expiration Date – February 28, 2027

Assisting Individuals in Crisis

13 Contact Hours: 1.3 General CEUs from University of Maryland, Baltimore County (UMBC) Dept. of Emergency Health Services Professional and Continuing Education (PACE)

NAADAC - The Association for Addiction Professionals
14 CE Credits Expiration Date - February 28, 2027

Assisting Individuals in Crisis & Group Intervention (3 Day Course)

NAADAC - The Association for Addiction Professionals
27 CE Credits Expiration Date February 28, 2027

What is the Registration COST?

The Peer Support Assisting Individuals in Crisis and the Group Intervention Course fees are the same

Peer	$110.00
Mental Health	$250.00

For the 3 day course the fee is - Peer participants $220 and Mental Health $500.

Invest in Your Impact. Those who register, join, and actively participate on the Nebraska CISM Team may be eligible for full reimbursement after one year of service.

How do I register?

By Check: Mail to Wally Barnett CISM Foundation
802 Country View, Firth, NE 68358

Register online: https://wallybarnettfoundation.org/

Payments are accepted through Paypal. or Venmo Registrations close one week prior to the course.

Invoicing can be arranged. Payment must be received before the class begins.

Questions:

Becka Neumiller at becka.neumiller@nebraska.gov, CISM Program Manager or Randy Ruhge, 402-660-1987

EMERGENCY HEALTH SYSTEMS
NEBRASKA
Good Life. Great Mission.

WALLACE BARNETT, JR. CISM
MEMORIAL FOUNDATION
EST. 2017

Nebraska CISM
Critical Incident Stress Management

Registration Form
2026 ICISF CISM Training Courses - Minimum class is 10

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For Online Registration and Credit Card Payment through Paypal or Venmo

https://wallybarnettfoundation.org/training/

OR **Mail Registration and check** - Wally Barnett CISM Foundation, 802 Country View, Firth, NE 68358

NOTE: If you hold a License in the Mental Health field your registration is the MH fee

First Name:_____ Last Name_____

Address:_____

City:_____

Phone:_____

Email: _____

Profession:_____ Agency:_____

◯ Peer $110

◯ Mental Health $250

3 day course $220 Peer $500 Mental Health

Course Registering For _____

Dates of Course _____