



## 2025 ICISF CISM Schedule

---

March 7 & 8  
April 11 & 12  
August 8 & 9  
October 17 & 18

Group Intervention  
Assisting Individuals in Crisis (Peer Support)  
Assisting Individual in Crisis (Peer Support)  
Group Intervention

Bellevue  
York  
Gretna  
Bennington

### **COURSE DESCRIPTION - Group Intervention**

Designed to present the core elements of a comprehensive, systematic, and multi-component crisis intervention curriculum, the Group Crisis Intervention course will prepare participants to understand a wide range of crisis intervention services. Fundamentals of Critical Incident Stress Management (CISM) will be outlined, and participants will leave with the knowledge and tools to provide several group crisis interventions, specifically demobilizations, defusing's, and the Critical Incident Stress Debriefing (CISD). The need for appropriate follow-up services and referrals, when necessary, will also be discussed. Crisis Intervention is NOT psychotherapy; rather, it is a specialized acute emergency mental health intervention which requires specialized training. As physical first aid is to surgery, crisis intervention is to psychotherapy. Thus, crisis intervention is sometimes called "emotional first aid". This program is designed to teach participants the fundamentals of, and a specific protocol for, individual crisis intervention.

### **COURSE DESCRIPTION - Assisting Individuals in Crisis (formerly Peer Support)**

Crisis Intervention is NOT psychotherapy; rather, it is a specialized acute emergency mental health intervention which requires specialized training. As physical first aid is to surgery, crisis intervention is to psychotherapy. Thus, crisis intervention is sometimes called "emotional first aid". This program is designed to teach participants the fundamentals of, and a specific protocol for, individual crisis intervention.

### **TARGET AUDIENCE**

This accredited continuing education activity is designed for nurses, first responders (i.e., EMS, fire, law enforcement, dispatch, corrections, EMA) psychologists, and other health care professionals involved in emergency management.

### **EDUCATIONAL OBJECTIVES**

At the conclusion of this activity, the participants should be better able to:

Discuss key concepts of crisis and stress including essential interventions to help manage psychological and behavioral reactions.

Describe how Critical Incident Stress Management (CISM) strategies can be incorporated into practice including the elements of debriefing and defusing as derived from case examples during role play.

Discuss how the team shares accountability with other professions to meet standards of practice for population focused problem-solving during difficult situations surrounding traumatic events for more cohesive and effective outcomes.



## Group Intervention

14 Contact Hours: 1.4 General CEUs from University of Maryland, Baltimore County (UMBC) Dept. of Emergency Health Services Professional and Continuing Education (PACE)

EAPA – Employee Assistance Professionals Association

14 PDHs; Expiration Date – March 21, 2025

NAADAC – the Association for Addiction Professionals

14 CE Credits; Expiration Date – February 28, 2025

## Assisting Individuals in Crisis

13 Contact Hours: 1.3 General CEUs from University of Maryland, Baltimore County (UMBC) Dept. of Emergency Health Services Professional and Continuing Education (PACE)

EAPA - Employees Assistance Professional Association

13 PDHs: Expiration Date - March 21, 2025

NAADAC - The Association for Addiction Professionals

143CE Credits Expiration Date - February 28, 2025

### What is the Registration COST?

Peer	\$100.00
Mental Health	\$200.00

### How do I register?

**By Check:** Mail to Wally Barnett CISM Foundation  
802 Country View, Firth, NE 68358

**Register online:** <https://wallybarnettfoundation.org/>

Payments are collected through Paypal. Registrations close one week prior to the course.

Invoicing can be arranged. Payment must be received before the class begins.

### *Class Times - Must attend both days for a certificate*

*Group Intervention Course - 8:30am to 4:30pm*

*Assisting Individuals in Crisis - 8:30am to 3:30pm*

### Questions:

Becka Neumiller at [becka.neumiller@nebraska.gov](mailto:becka.neumiller@nebraska.gov), CISM Program Manager or  
Debbie Kuhn at [debkuhn2@outlook.com](mailto:debkuhn2@outlook.com) for registration or payment





**Registration Form**  
**2025 ICISF CISM Courses**

---

March 7 & 8	Group Intervention	Bellevue
April 11 & 12	Assisting Individuals in Crisis (Peer Support)	York
August 8 & 9	Assisting Individual in Crisis (Peer Support)	Gretna
October 17 & 18	Group Intervention	Bennington

---

**For Online Registration and Credit Card Payment (PayPal)**

**<https://wallybarnettfoundation.org/training/>**

**OR Mail Registration and check - Wally Barnett CISM Foundation, 802 Country View, Firth, NE 68358**

First Name:	_____	Last Name	_____
Address:	_____		
City:	_____		
Phone:	_____		
Email:	_____		
Profession:	_____	Agency:	_____
	<input type="radio"/> Peer		\$100
	<input type="radio"/> Mental Health		\$200
Course Registering For	_____		
Dates of Course	_____		