



# 31st Nebraska Statewide Critical Incident Stress Management Conference

Holiday Inn, Kearney, NE  
September 14 & 15, 2024

Nebraska CISM Members and Non-Members Welcome

## CONFERENCE INFORMATION

**TRAVEL & LODGING:** Holiday Inn, Kearney, NE. Conference participants must make their own travel and lodging arrangements. A block of 30 rooms has been reserved at Kearney Holiday Inn until August 13th. Rooms are priced at \$139.95 per night plus taxes. Indicate the room is for the Critical Incident Stress Management Conference when making reservations. Call (308) 237-5971.

**CONTINUING EDUCATION:** This program meets the criteria of an approved continuing education program for mental health practice, EMS, and law enforcement for a total of **9.0** hours. **There are NO nursing CEU's offered during this conference.**

### This conference is brought to you by:

Nebraska Department of Health and Human Services - Office of Emergency Health Systems  
Wallace Barnett Jr. CISM Memorial Foundation  
Nebraska Preventive Health and Human Services Block Grant

**Questions:** Contact Becka Neumiller, CISM Program Manager at 402-560-4949 or email is [becka.neumiller@nebraska.gov](mailto:becka.neumiller@nebraska.gov)

# CONFERENCE SPEAKERS

## **Derek Boehm, RN, EMT-P**



Derek is a 47-year-old Registered Nurse/Paramedic. He is currently a Clinical Educator for Mountain Vista Medical Center and had previous experience as an Emergency Department RN and Flight Nurse. In December of 2015 Derek was involved in a medical helicopter crash and was the sole survivor. He has an 11-year-old daughter that he is hopelessly in love with, a spoiled Dachshund named Daisy, and two cats named Figgy and Tabby that basically run the house. Derek served in the United States Marine Corps and enjoys spending time outside as much as possible. His hobbies include reading, cooking, and hiking. Derek is currently in the Mental Health Nurse Practitioner program at University of Phoenix and will graduate in 2026.

## **Tyler Greenwood, EMT-P**



Tyler is a 20 year member of his hometown paid-per-call fire department. He started his EMS journey in 2009 and was immediately hooked. He traveled the steps through Advanced EMT into Paramedic in 2012. In his younger years of life Tyler would struggle with academics, substance abuse and legal trouble. After straightening his path, and achieving his dreams, tragedy would strike at a catastrophic level. Tyler is the father of two, Julia and Jacob. Tyler is an avid fan of adventures and building memories. Tyler is a two-time Iron-man Wisconsin finisher and multi-70.3 distance finisher. Tyler has made it a mission to share his story with others in hopes of preventing his mistakes and sharing what helped him.

## **Braxton Morrison, PhD, FAAETS, CCISM**



Dr. Braxton Morrison has a PhD in human services with a specialization in disaster, crisis, and intervention. Dr. Morrison is active in emergency services as a medicolegal death investigator and has eight years of law enforcement and emergency medical services experience. Dr. Morrison has been doing crisis intervention work with emergency services personnel for over eight years through the Critical Incident Stress Management model. Dr. Morrison is an avid advocate for the crisis intervention field to bring awareness and recognition to the profession.

# CONFERENCE SPEAKERS

## **Jon Kayne, Ph.D.**



Dr. Kayne has been actively teaching and consulting in a variety of areas for over 45 years. He is a Professor of Clinical Counseling and Psychology in the College of Arts and Sciences at Bellevue University (BU). While at BU, he was the Vice President and Chief Academic Officer for over 9 years until returning to full time faculty. He is currently also the Clinical Director for the University Counseling Services. Jon is a member of and a current Approved Instructor for the International Critical Incident Stress Foundation (ICISF). He is a State Clinical Director for the Nebraska CISM program, a negotiator and mental health consultant with the Sarpy County Sheriff Crisis Negotiation Unit (CNU); and a mental health consultant to the Sarpy County Threat Assessment Group; a member of the Nebraska Violence Assessment Cadre. He is also a private consulting psychotherapist specializing in treating victims of trauma.

## **Randy Ruhge, PLMHP**



Randy has 20 years as an EMT with volunteer services and paid services, 10 years with a volunteer fire department, 15 years of service as a volunteer with emergency management, and 30 years law enforcement service. He retired from law enforcement in December 2020. Randy obtained his Bachelor of Science degree in Management from Bellevue University in 1998 and then went on to obtain his Master of Social Worker degree, Master of Criminology/Criminal Justice degree in 2020 from University of Nebraska at Omaha. Randy is a Provisional Licensed Mental Health Practitioner, Provisionally Licensed Clinical Social Worker, and a Provisionally Licensed Alcohol and Drug Counselor in Nebraska. He is a current state trainer for Critical Incident Stress Management and has been a Nebraska CISM team member since 1987.



# CONFERENCE AGENDA

**FRIDAY, September 13, 2024**

6:00 - 7:30 pm

**CISM Management Meeting**  
**(Interagency Management Committee, Trainers and Call out People are asked to attend this session)**

7:00 - 10:00 pm

**Social Time** (chips, dips and drinks available) **Executive Room above Lobby**  
**Everyone is Welcome to Social Time—Please Join Us**

**SATURDAY, September 14, 2024**

7:30 - 9:00 am

**Registration**

8:30 am

**Welcome**

8:45 - 10:15 am

**The Call That Changed Everything - Tyler Greenwood**

I remember seeing my vehicle on its side, crushing my wife's lifeless body. I was on the first-due apparatus to a motor vehicle crash that took the life of the mother of our two children. My entire world catastrophically changed that day, but not all for the worst. You see, I had actually lost my wife a year earlier, emotionally. Let's take a trip down memory lane and you can see how things compare; to some extent it'll probably be like looking in a mirror of your own progression.

10:30 am - 12:00 pm

**Sole Survivor..... Derek Boehm**

On Dec 15th, flight paramedic Derek Boehm was part of a three-man crew flying home from a patient transport when their helicopter, Native 5, crashed in a remote part of Arizona's Superstitions Mountains. Pilot David Schneider, 51, died on impact. Flight nurse Chad Frary, 38, survived the crash but succumbed hours later to his injuries. Derrick alone and freezing, fought to survive. Derek will take you along on his journey of recovery both physically and mentally from that horrific day.

12:00 - 1:15 pm

**LUNCH**

**Wallace Barnett CISM Memorial Foundation Annual Meeting - Randy Ruhge**

1:15 - 3:30 pm

**"Foundation and Core Principles of CISM" - Dr. Braxton Morrison**

Critical Incident Stress Management or CISM is a peer-led model of crisis intervention designed specifically for emergency services in the 1970s and 80s. While the model has expanded to other professions, it is still one of the most widely used models of intervention used for emergency services personnel. Unfortunately, the model and program have become inundated with misuse and inaccuracies bringing negative research and ideologies from individuals and organizations. This presentation will bring us back to the foundation and core principles of CISM and help us move forward in a positive, educated, and productive nature. We all want to serve our emergency services personnel and this model, when used properly, is an inclusive way to do it.

3:45 - 5:00 pm

**Nebraska CISM Update- Becka Neumiller & Randy Ruhge**

Discussion what do we do well; what do we need to change; next steps

# CONFERENCE AGENDA

## *SATURDAY, September 14, 2024 continued*

- 5:30 - 7:30 pm **Banquet and Awards** (Staterooms E & F)
- 7:30 - 11:00 pm **Social Time** (Executive Board Room upstairs by Lobby)

**Everyone is Welcome—Come Join Us!**

## *SUNDAY, September 15, 2024*

- 8:30 - 10:00 am **CISM Mock Scenarios - Dr. Kayne - Randy Ruhge**  
Educational based scenarios being proactive strategy for addressing uncertainties.
- 10:45 - 11:45 am **Panel Discussion: Rachel Kohlman, Moderator**  
**LB615 and Nebraska Opioid Recovery Funds allocated toward connecting first responders with valuable, needed services in areas of behavioral health, support, peer support, training, resiliency, wellness, substance abuse, counseling, etc.**  
Lexipol will be providing a statewide comprehensive Wellness Program to every Law enforcement & Corrections agency in Nebraska to provide their personnel, family members, retirees, and emeritus. What does this mean for Nebraska?
- 11:45 - 12:00 pm **Evaluations and Wrap Up**



**Thank You**



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September 14th & 15th 2024

Name \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_

Phone Number \_\_\_\_\_ Agency/Service Name \_\_\_\_\_

### MAIL-IN REGISTRATION FORM

Please check the appropriate line(s):

\_\_\_\_\_ PRE-REGISTRATION for CISM Members (Now - August 26th) - \$85

\_\_\_\_\_ LATE REGISTRATION for CISM Members (After August 26th) - \$100

\_\_\_\_\_ REGISTRATION for Non CISM Members - \$125

\_\_\_\_\_ Extra Lunch Ticket(s) \$15 for non-registered person. Banquet Ticket is \$25 for non-registered person.

\$ \_\_\_\_\_ TOTAL ENCLOSED

Mail Registration and check to: Wally Barnett CISM Foundation, 802 Country View, Firth, NE 68358



For Online Registration and Payment Options,  
visit our website [wallybarnettfoundation.org/training](http://wallybarnettfoundation.org/training)







# CISM Conference Activities



**Feel  
good  
Friday**

## Social Time

**Friday** - 7:00-10 pm

Executive Room - up the steps in the lobby. It is above the Lobby Desk.



Chips, dips,  
& drinks



**Saturday** - 5:30-7:30 pm

**Banquet**



**Hospitality Room**  
**Saturday** - 7:30-10 pm

**Awards**

