



## 2024 ICISF CISM Schedule

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January 19 & 20	Assisting Individuals in Crisis (Peer Support)	Omaha
February 16 & 17	Group Intervention	Lincoln
April 6 & 7	Group Intervention	Scottsbluff
July 19 & 20	Group Intervention	Columbus
August 20 & 21	Assisting Individuals in Crisis (Peer Support)	Grand Island
October 18 & 19	Group Intervention	Bennington
November 8 & 9	Assisted Individuals in Crisis (Peer Support)	Omaha

### **COURSE DESCRIPTION – Group Intervention**

Designed to present the core elements of a comprehensive, systematic, and multi-component crisis intervention curriculum, the Group Crisis Intervention course will prepare participants to understand a wide range of crisis intervention services. Fundamentals of Critical Incident Stress Management (CISM) will be outlined, and participants will leave with the knowledge and tools to provide several group crisis interventions, specifically demobilizations, defusing's, and the Critical Incident Stress Debriefing (CISD). The need for appropriate follow-up services and referrals, when necessary, will also be discussed. Crisis Intervention is NOT psychotherapy; rather, it is a specialized acute emergency mental health intervention which requires specialized training. As physical first aid is to surgery, crisis intervention is to psychotherapy. Thus, crisis intervention is sometimes called "emotional first aid". This program is designed to teach participants the fundamentals of, and a specific protocol for, individual crisis intervention.

### **COURSE DESCRIPTION – Assisting Individuals in Crisis (formerly Peer Support)**

Crisis Intervention is NOT psychotherapy; rather, it is a specialized acute emergency mental health intervention which requires specialized training. As physical first aid is to surgery, crisis intervention is to psychotherapy. Thus, crisis intervention is sometimes called "emotional first aid". This program is designed to teach participants the fundamentals of, and a specific protocol for, individual crisis intervention.

### **TARGET AUDIENCE**

This accredited continuing education activity is designed for nurses, first responders (i.e., EMS, fire, law enforcement, dispatch, corrections, EMA) psychologists, and other health care professionals involved in emergency management.

### **EDUCATIONAL OBJECTIVES**

At the conclusion of this activity, the participants should be better able to:

Discuss key concepts of crisis and stress including essential interventions to help manage psychological and behavioral reactions.

- Describe how Critical Incident Stress Management (CISM) strategies can be incorporated into practice including the elements of debriefing and defusing as derived from case examples during role play.

Discuss how the team shares accountability with other professions to meet standards of practice for population focused problem-solving during difficult situations surrounding traumatic events for more cohesive and effective outcomes.



14 Contact Hours: 1.4 General CEUs from University of Maryland, Baltimore County (UMBC)  
Dept. of Emergency Health Services Professional and Continuing Education (PACE)

EAPA – Employee Assistance Professionals Association  
14 PDHs; Expiration Date – June 1st, 2024

NAADAC – the Association for Addiction Professionals  
14 CE Credits; Expiration Date – February 28, 2025

### What is the Registration COST?

Peer	\$100.00
Mental Health	\$200.00

### How do I register?

**By Check:** Mail to Wally Barnett CISM Foundation  
802 Country View, Firth, NE 68358

**Register online:** <https://wallybarnettfoundation.org/>

Invoicing can be arranged. Payment must be received before the class begins.

Registrations close one week prior to the course

### Questions:

Debbie Kuhn, CISM Program Manager

Debbie.kuhn@nebraska.gov 402-326-0173





Registration Form  
2024 ICISF CISM Courses

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**For Online Registration and Credit Card Payment (PayPal)**

**<https://wallybarnettfoundation.org/training/>**

**OR Mail Registration and check - Wally Barnett CISM Foundation, 802 Country View, Firth, NE 68358**

First Name: \_\_\_\_\_ Last Name \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Profession: \_\_\_\_\_ Agency: \_\_\_\_\_

Peer \$100

Mental Health \$200

Course Registering For \_\_\_\_\_

Dates of Course \_\_\_\_\_