

HELP IS HERE



UNDERSTAND THE SIGNS OF TRAUMA:

PHYSICAL

Fatigue
Headaches

COGNITIVE

Trouble Concentrating
Memory Loss
Problem Solving Difficulties

EMOTIONAL

Excessive Irritability
Grief

BEHAVIORAL

Withdrawal
Inability to Relax

wallybarnettfoundation.org.training



NEBRASKA EMERGENCY HEALTH SERVICES

CISM Program Manager

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Course registration and payment
can be filled out online at
wallybarnettfoundation.org.training

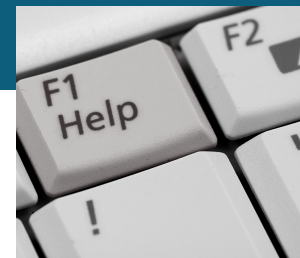


CISM BASIC GROUP CRISIS INTERVENTION TRAINING



What is CISM?

CISM is a comprehensive service designed to assist emergency responders who have experienced unusual stress related to their work. CISM is interested in promoting a helpful response throughout the entire range of a crisis experience including: the pre-crisis, acute crisis and post-crisis phases. Within the CISM program are seven core functions of response.



FOUNDED IN 1987

COURAGE AND COMPASSION

CONTINUE TO BE THE
HALLMARK TRAITS OF THE CISM
PROGRAM.

Designed to present the core elements of a comprehensive, systemic and multi-component crisis intervention curriculum, the Group Crisis Intervention Course will prepare participants to understand a wide range of crisis intervention services. Fundamentals of Critical Incident Stress Management (CISM) will be outlined and participants will leave with the knowledge and tools to provide several group crisis interventions, specifically, demobilization, defusing, and CISD. The need for appropriate follow-up services and referrals when necessary will also be discussed.

This course is designed for anyone in the fields of Disaster Response, Emergency Services, Healthcare, Homeland Security, Mental Health, Military, and Traumatic Stress.



2022 TRAINING



September 24 & 25, 2022
Scottsbluff



October 7 & 8, 2022
Grand Island

Registration Fee:

Peer - \$100.00

Mental Health Professional - \$150.00

Course will run from
8:30 am - 4:30 pm

Continuing Education Credits

14 contact hours: 1.4 General CEU's from University of Maryland, Baltimore County (UMBC) Dept. of Emergency Services Professional and Continuing Education.

14 CE Credits for National Certified Addiction Counselors.

M E N T A L

H E A L T H

M A T T E R S

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> Learn how to offer on-scene support to first responders.

> Provide support and tools to cope with emotional and physical stress.

> Create life long bonds with those experiencing similar reactions.

PROGRAM HIGHLIGHTS

Large and Small Group Crisis Interventions

Strategic Intervention Planning

Relevant Recommendations for Practice

Critical Incident Stress Debriefing

Reducing Risks

Resistance, Resilience, and Recovery Continuum

Incident Assessment



EMERGENCY HEALTH
SYSTEMS

NEBRASKA

Good Life. Great Mission.

DEPT. OF HEALTH AND HUMAN SERVICES