

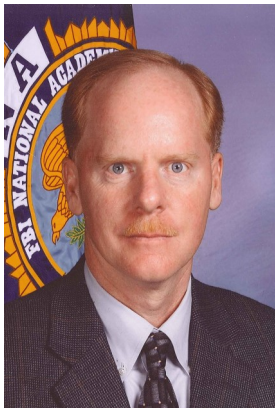


WALLACE BARNETT, JR. CISM  
MEMORIAL FOUNDATION  
— EST. 2017 —

**Mark your calendars—August 27, 2020**

**7:00—8:30 PM CST**

Captain Willis was scheduled to speak at our 2020 conference, but as you know the conference was cancelled. Dan has agreed to present his valuable information virtually. COVID –19 has changed our way of providing education. **We will have limited number of registrations.**



### **Bulletproof Spirit: Trauma, PTSD, and the Process of Healing — Captain Dan Willis**

Captain Dan Willis (ret) served for nearly 30 years at the La Mesa Police Department near San Diego as a crimes of violence-child molest-sexual assault-homicide detective, SWAT Commander, peer support leader and wellness unit coordinator. He's a graduate of the FBI National Academy and is an instructor at the International Academy of Public Safety and the National Command College. He is the author of the emotional survival and wellness guidebook, *Bulletproof Spirit: The First Responders Essential Resource for Protecting and Healing Mind and Heart*. He has presented in 26 states and in Canada regarding trauma, PTSD, and the process of healing.

The many daily traumas of any first responder profession can not only injure your brain (PTSD), they can kill you (suicide). First responders suffering from PTSD, low resiliency, lack of motivation, depression, addictions, or burnout are unable to provide the most professional and compassionate service and find it difficult to maintain close meaningful relationships at home.

*Bulletproof Spirit* provides a deeper understanding of trauma and how our beloved professions can turn us into someone our loved ones no longer recognize. It offers several effective strategies to protect yourself, build resiliency, heal, and to serve in peace.

**Send me an email if you are interested in attending this presentation.**

**[Debbie.kuhn@nebraska.gov](mailto:Debbie.kuhn@nebraska.gov)**