



Cost:

\$150.00 for Peer

**(EMS, fire, law enforcement, dispatchers,
corrections, nurses, and EMA)**

\$250.00 for Mental Health Professionals

Training Program Objectives

Upon completion of this workshop, participants will be able to:

- * Define critical incident stress.
- * List signs & symptoms of stress.
- * Describe first responder personality profiles.
- * Recognize characteristics & phases of critical incident stress.
- * Discuss stress & coping strategies.
- * Describe the anatomy of a debriefing.
- * Discuss disaster psychology & victim response.

Continuing Education

Fourteen hours of continuing education may be counted by Licensed Mental Health Professionals, EMS Providers, and law enforcement.

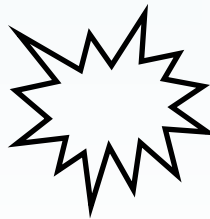
Crisis Incident Stress Management (CISM)

What is a Critical Incident?

A critical incident is any situation faced by emergency personnel causing unusually strong emotional reactions, which have the potential to interfere with their ability to function during or after the event.

Examples of critical incidents addressed by the Nebraska CISM Program include:

- * Suicide of a first responder
- * Line of duty death or serious injury of a first responder
- * Injury to or death of a child
- * Mass-casualty incident
- * Natural disaster causing death and/or serious injury



What is Critical Incident Stress Management?

CISM is a comprehensive service designed to assist emergency responders who have experienced unusual stress related to their work. CISM is interested in promoting a helpful response throughout the entire range of a crisis experience including: the pre-crisis, acute crisis and post-crisis phases. Within the CISM program are seven core functions of response.

ICISF Certified Instructors

Diane Braun, LIMHP, LADC,
Omaha



Jon B. Kayne, Ph.D.,
Bellevue



Randy Ruhge, Law Enforcement
Murray



Jason Workman, LIMHP, LMHP, LADC
Omaha



Registration Form

Name: _____

Address: _____

City: _____

Phone: _____

Email Address: _____

Profession: _____

Circle course you wish to attend:

February 28 & 29, 2020
Grand Island, NE

March 27 & 28, 2020
North Platte

April 25 & 26, 2020
Scottsbluff

August 7 & 8, 2020
Norfolk

October 2 & 3, 2020
Bennington

Peer Registration \$150.00
Mental Health Registration \$250.00

Please mail registration form and check to
Wallace Barnett Memorial Foundation
802 Country View, Firth, NE 68358

**For Online Registration and
Credit Card Payment**
wallybarnettfoundation.org/training

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Questions: _____

Nebraska Emergency Health Systems

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Grand Island

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**Deadline for registration and
cancellations is 2 weeks prior to
each class.**