



Cost:

**\$150.00 for Peer  
(EMS, fire, law enforcement, dispatchers,  
nurses, EMA)  
\$250.00 for Mental Health Professionals**

## Training Program Objectives

Upon completion of this workshop, participants will be able to:

- \* Define critical incident stress.
- \* List signs & symptoms of stress.
- \* Describe first responder personality profiles.
- \* Recognize characteristics & phases of critical incident stress.
- \* Discuss stress & coping strategies.
- \* Describe the anatomy of a debriefing.
- \* Discuss disaster psychology & victim response.

### Continuing Education

Fourteen hours of continuing education may be counted by Licensed Mental Health Professionals, EMS Providers.

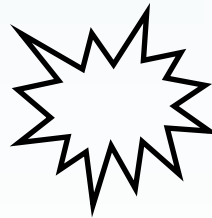
## Crisis Incident Stress Management (CISM)

### What is a Critical Incident?

A critical incident is any situation faced by emergency personnel causing unusually strong emotional reactions, which have the potential to interfere with their ability to function during or after the event.

Examples of critical incidents addressed by the Nebraska CISM Program include:

- \* Suicide of a first responder
- \* Line of duty death or serious injury of a first responder
- \* Injury to or death of a child
- \* Mass-casualty incident
- \* Natural disaster causing death and/or serious injury



### What is Critical Incident Stress Management?

CISM is a comprehensive service designed to assist emergency responders who have experienced unusual stress related to their work. CISM is interested in promoting a helpful response throughout the entire range of a crisis experience including: the pre-crisis, acute crisis and post-crisis phases. Within the CISM program are seven core functions of response.

## ICISF Certified Instructors

Diane Braun, LIMHP, LADC,  
Omaha



Jon B. Kayne, Ph.D.,  
Bellevue



Richard Smithson, BS, EMSI  
Central City, NE



Jason Workman, MA, LMHP, PLADC,  
Omaha



## Registration Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

Profession: \_\_\_\_\_

Choose one:

- February 22nd & 23rd, 2019**  
Lincoln, NE
- June 7th & 8th, 2019**  
Wood River, NE
- October 25th & 26th, 2019**  
Omaha, NE

Choose one:

- Peer \$150.00
- Mental Health \$250.00

**Please mail registration form and check to the following:**

Wallace Barnett Memorial Foundation  
802 Country View  
Firth, NE 68358 or

**For Online Registration and Payment**  
[wallybarnettfoundation.org/training](http://wallybarnettfoundation.org/training)

Invoicing can be done for  
approved agencies.

Sponsored by:



Questions: \_\_\_\_\_

Nebraska Emergency Health Systems  
\_\_\_\_\_

Debbie Kuhn,  
CISM Program Manager  
Phone: 402-326-0173  
[debbie.kuhn@nebraska.gov](mailto:debbie.kuhn@nebraska.gov)



## Basic CISM Group Crisis Intervention Training—2019

February 22nd & 23rd, 2019  
Lincoln Family Services, Lincoln

June 7th & 8th, 2019  
Wood River Fire Department

October 25th & 26th, 2019  
Bennington Fire Department

**Deadline for registration and  
cancellations is 2 weeks prior to  
each class.**

8:00 a.m.—4:30 p.m. both days

