

#### Cost:

#### \$150.00 for Peer

(EMS, fire, law enforcement, dispatchers, nurses, EMA)

\$250.00 for Mental Health Professionals

### **Training Program Objectives**

Upon completion of this workshop, participants will be able to:

- \* Define critical incident stress.
- \* List signs & symptoms of stress.
- \* Describe first responder personality profiles.
- \* Recognize characteristics & phases of critical incident stress.
- \* Discuss stress & coping strategies.
- \* Describe the anatomy of a debriefing.
- \* Discuss disaster psychology & victim response.

#### **Continuing Education**

Fourteen hours of continuing education may be counted by Licensed Mental Health Professionals , EMS Providers.

# Crisis Incident Stress Management (CISM)

#### What is a Critical Incident?

A critical incident is any situation faced by emergency personnel causing unusually strong emotional reactions, which have the potential to interfere with their ability to function during or after the event.

Examples of critical incidents addressed by the Nebraska CISM Program include:

- \* Suicide of a first responder
- Line of duty death or serious injury of a first responder
- \* Injury to or death of a child
- \* Mass-casualty incident
- Natural disaster causing death and/or serious injury



#### What is Critical Incident Stress Management?

CISM is a comprehensive service designed to assist emergency responders who have experienced unusual stress related to their work. CISM is interested in promoting a helpful response throughout the entire range of a crisis experience including: the pre-crisis, acute crisis and post-crisis phases. Within the CISM program are seven core functions of response.

#### ICISF Certified Instructors

Diane Braun, LIMHP, LADC, Omaha



Jon B. Kayne, Ph.D., Bellevue



Richard Smithson, BS, EMSI Central City, NE



Jason Workman, MA, LMHP, PLADC, Omaha



### **Registration Form**

Name:
Address:
City:
Zip:
Phone:
Email Address:
Profession:
Choose one:
October 12 & 13, 2018 Omaha, NE
Choose one:
☐Peer \$150.00 ☐Mental Health \$250.00
Please mail registration form and check to the following: Wallace Barnett Memorial Foundation 1215 South 40th Street Lincoln, NE 68510 or
For Online Registration and Payment Options, visit our website wallybarnettfoundation.org/training

### Sponsored by:





Questions:

Nebraska Emergency Health Systems

Debbie Kuhn, CISM Program Manager Phone: 402-326-0173 debbie.kuhn@nebraska.gov



## Basic CISM Group Crisis Intervention Training

October 12 & 13, 2018
 Omaha—

 Nebraska Dept. of Transportation
 (NDOT)
 108th & L Streets

Deadline for registration and cancellations –October 8th

8:00 a.m.—4:30 p.m. both days

**Seating is LIMITED**Register Early

